

Welcome to Madison Hospital's online maternity tour.  
We are pleased you have chosen us to meet your maternity needs.





On the first floor of our hospital, public elevators and bathrooms are located behind the lobby waterfall. The staircase to the right leads to the second floor.



- Our cafeteria is located on the first floor adjacent to the lobby.
- The Garden Café is open from 6:30 a.m. - 10:30 a.m. for breakfast and 11 a.m. – 2 p.m. for lunch.
- The grill closes at 2 p.m., but you can still purchase Grab & Go snacks until 5 p.m.
- Room service is available from 7 a.m. – 7 p.m. You may order anything off the menu at any time.
- We also offer a Visitor Tray. Your visitor may order off the hospital menu if they don't want to leave the floor. Breakfast is \$5 and lunch and dinner is \$9. Only credit cards are accepted.
- You and your support person will be provided a complimentary celebratory dinner prior to discharge.
- We offer complimentary WiFi and all parking is free and readily available.

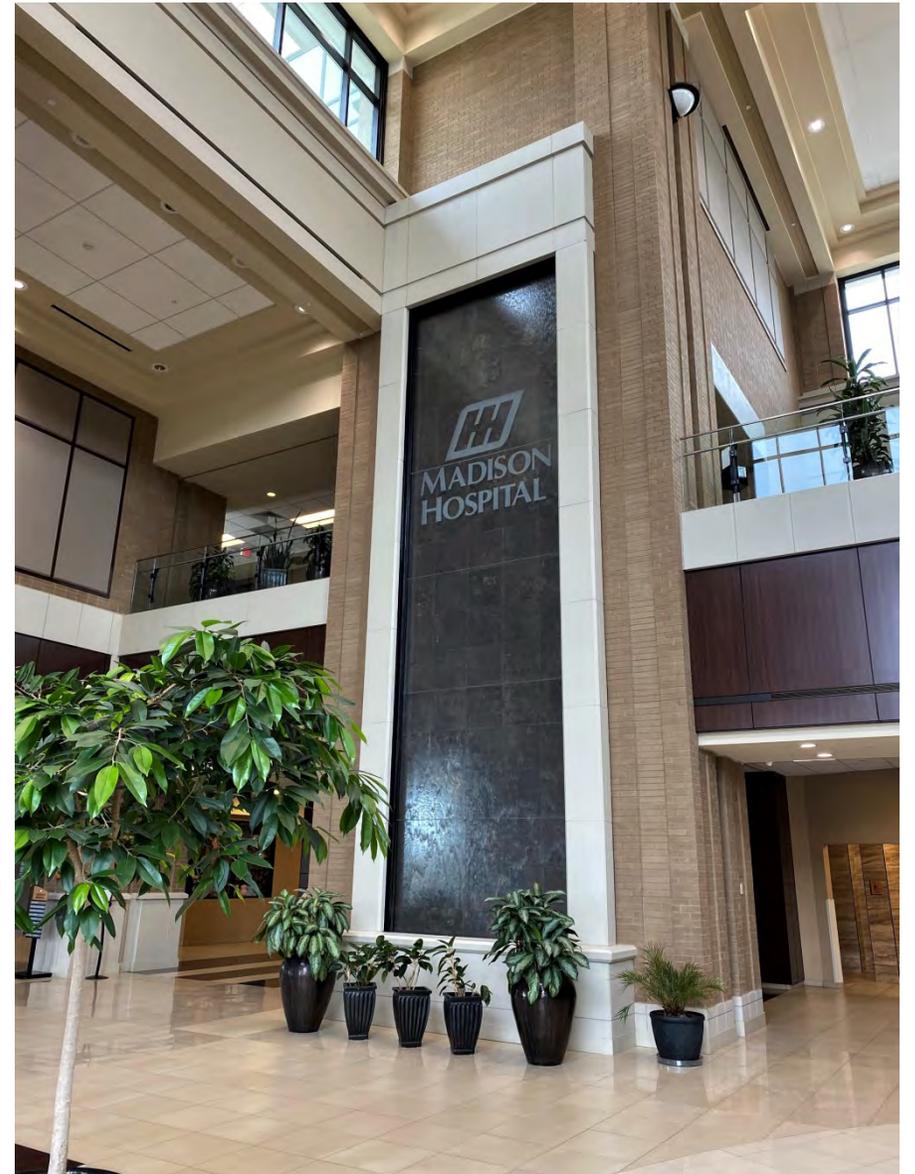


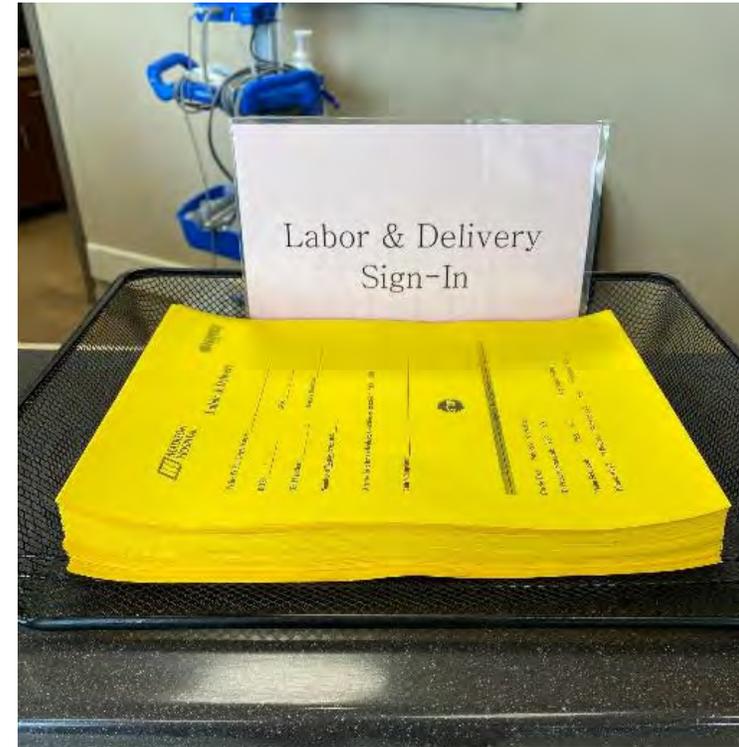
## Our Team

- Our staff includes board certified obstetricians, neonatologists and a full-time neonatal nurse practitioner.
- Our hospital is a Level II special-care nursery with 7 Labor & Delivery rooms, 19 Mother Baby rooms and 5 operating rooms in the event of a cesarean delivery.

## Before Delivery

- Around 36 or 37 weeks into your pregnancy, you may pre-register with the hospital for your delivery. Call admitting at 256-265-5101 or 256-265-5108 to let them know you are planning to have your baby with us. This process takes only a few minutes and is a good opportunity to ask any financial questions you may have.
- It is HIGHLY recommended to have a pediatrician prior to your delivery; however, it is important to note that none of the pediatricians come to the hospital. A neonatologist will perform two assessments on your baby, and a copy will be given to you to take to your pediatrician.



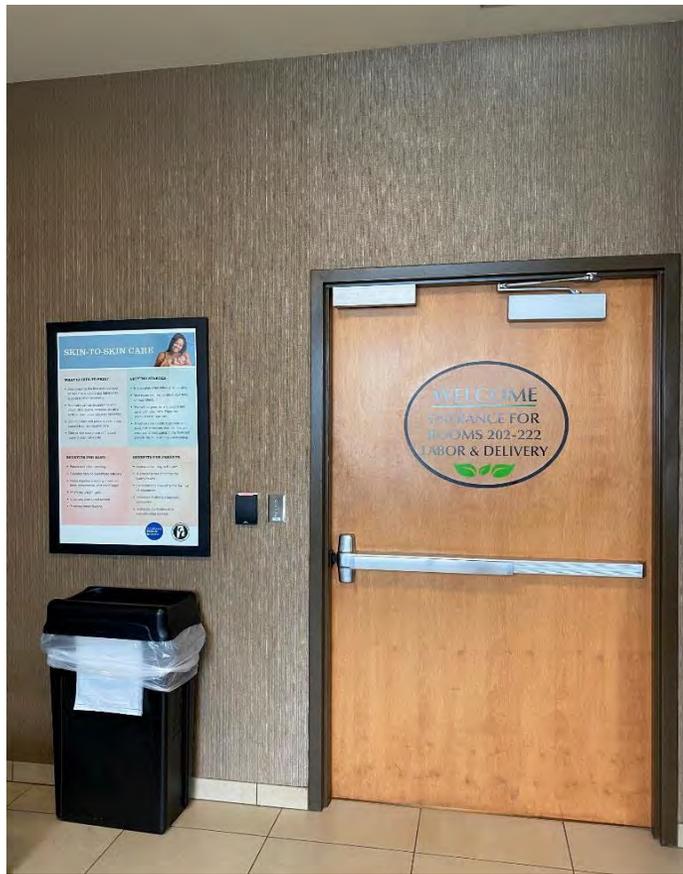


### Labor & Delivery Admitting

- All OB patients greater than 20 weeks please come through the front door and go to L&D for evaluation. 20 weeks and under will enter through the ER.
- Only ONE support person will be permitted to join you throughout your stay. They may remain overnight with you as well.
- Bring your insurance card, photo ID and any blankets or pillows if you like.



This is the main maternity waiting area on the second floor.



- The picture on the left is the public entrance to the maternity unit. Mom will be brought up on the staff elevator from the Emergency Department.
- As you enter, you will see our Baby-Friendly certification. Our hospital is the first hospital in North Alabama to earn the Baby-Friendly USA Certification. This recognizes hospitals and birthing centers that demonstrate a commitment to take steps that support infant feeding and early mother/baby bonding.
- We have 6 lactation consultants and hospital-grade pumps for use during your stay.



- Through the double doors are the Operating Rooms (OR). We have 5 ORs connected to the Labor & Delivery unit. You may have one support person in the OR with you as long as you are awake for the procedure. If you require general anesthesia, only staff is permitted.
- Your support person is required to wear a gown, hat, mask and shoe covers. Cameras are permitted if approved by your physician.
- After baby is delivered and assessed, we offer skin-to-skin time in the OR and encourage breastfeeding. Total time in the OR is usually an hour to an hour and a half.



- Directly to the left of the OR entry is Labor & Delivery. When these doors are closed, your support person can use the call button to gain access.
- The main hall leads to the nurses' station, 4 main labor rooms and the ORs. The hall to the right has 3 more labor rooms and one triage room.
- A triage room is a typical hospital room that can be used if you are unsure if you are in labor. It can also be used to prep patients for cesarean delivery and postpartum complications after discharge.



There are nourishment rooms located in both Labor & Delivery and Mother Baby areas. Your support person will have access to both rooms and the ice chip machines. Depending on your physician's orders, you may be allowed sips of clear fluids, ice chips and popsicles in early labor.

- This is one of our typical Labor & Delivery Recovery rooms (LDR). The most important items to bring with you are your toiletries and birthing aids.
- The couch folds into a bed for the convenience of your support.
- Your nurse will perform a physical exam, start an IV and ask questions regarding your medical history. The nursing ratio is one nurse to 1-2 patients in Labor & Delivery. There are two shifts that change at 7 a.m. and 7 p.m.
- Anesthesia is available for patients requesting epidurals for pain management. You may have your support person with you during epidural placement. We also offer nitrous oxide.
- If you wish to have a natural delivery, we have several aids such as a birthing ball, peanut ball and squat bar.
- After delivery, baby will be placed on mom's chest for skin-to-skin time to initiate breastfeeding. This "Golden Hour" is very important and regulates their breathing, blood sugar and promotes bonding.





- Some special features in our LDR rooms include an adjustable thermostat, private bathroom with large shower, fetal monitoring and bedside charting.
- We have centralized monitoring, which means that while the nurse has a monitor at the bedside, she can also see your labor pattern and baby's heart rate from any computer.
- One wireless, waterproof monitor is available but is dependent on your mobility and physician orders.



- This picture shows our panda warmer, where your baby will receive further assessments, ID bands, Vitamin K and eye ointment after skin-to-skin time.
- Mom will also receive an ID band, as well as your one support person. This is for security purposes and keeps you together as a unit.
- You can also see in this picture our communication boards and the birthing mirror which is available upon request.
- After baby's temperature has stabilized, you can participate in their first swaddle or sponge bath.



This is one of two main hallways to Mother Baby. The nursery is on the left. We offer rooming-in, which means that your baby can be with you in your room unless they need nursery care for things such as temperature instability, circumcision, car seat challenge test (for babies under 5.5 lbs. or born under 37 weeks) or any health care needs that deem the nursery necessary.

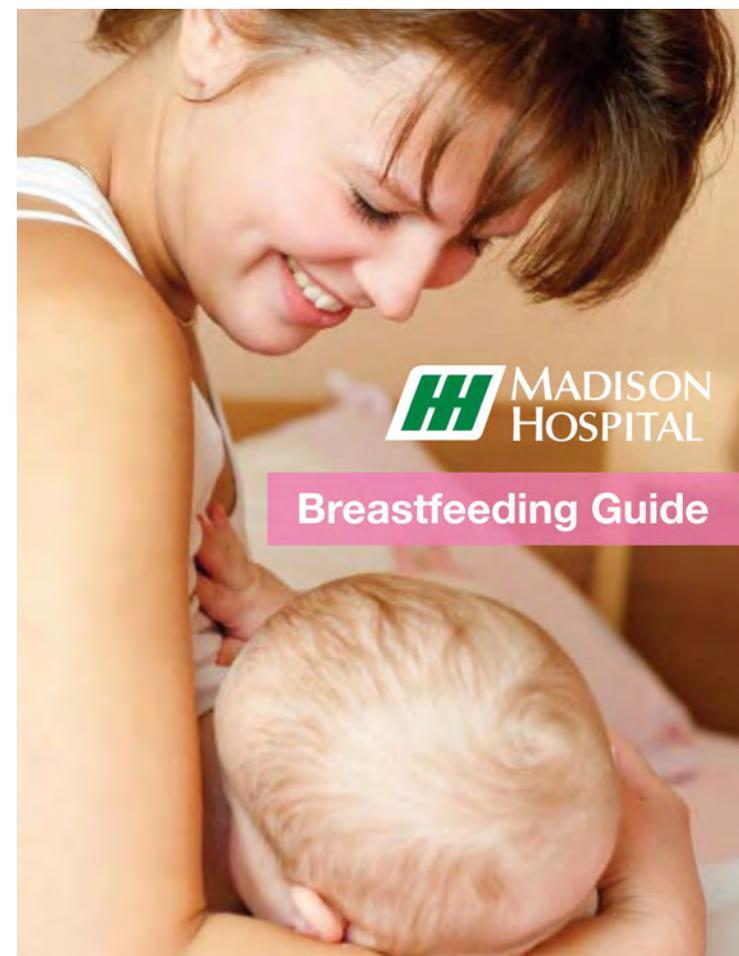


- The main entry to our Level II Special Care Nursery is across from the nurses' station located centrally in Mother Baby. Currently, one parent is allowed at a time to reduce risk of infection.
- Our nursery can care for babies born from 32 weeks and weigh roughly 3 lbs. However, it does depend on what health needs your baby requires. If your baby requires long-term ventilation or other conditions, they will be transported through Kids Care to the region's only Level III Neonatal ICU at Huntsville Hospital for Women & Children.
- The transport rate is 1%. Please call us or your physician with any questions you may have.



- This is a typical Mother Baby room where you will rest and recover. Our quiet time is from 2 – 4 p.m.
- Depending on your physician’s orders, you may order a meal from our Garden Café. Room service is available from 7 a.m. to 7 p.m. Don’t forget to enjoy your complimentary celebratory dinner!
- Average stay is between 48-72 hours. Your support person is encouraged to stay the night with you.
- Your postpartum supplies will be available here, including peribottle, icepack pads and a sitz bath if needed.
- The same nurse will care for you and your baby. This is known as a “couplet.” She will usually care for 3-4 couplets.
- We practice safe sleep guidelines. Your baby will be in a sleep sack placed on their backs to sleep. There should be NO fluffy blankets, pillows or extra padding. Make sure your baby is secured in the bassinet before you sleep.
- Birth certificate and social security information will be done in the room as well as a hearing screening and newborn assessments from the neonatology group.
- We will provide a sleep sack, t-shirt, diapers, wipes and bulb syringe for your baby.
- Please make sure you bring a car seat, going-home outfit and blanket for travel if needed.





You will be given a QR code to download a digital copy of our Admission & Discharge book. It also includes a detailed breastfeeding guide. We encourage you to take the time to read through the books for useful information related to your health and caring for your baby.



- After discharge, your support person will drive the car to the main lobby at the front of the hospital. You will be brought down by a wheelchair. You are required by law to have a car seat for your baby; the nurses do not fit the car seats, so it is very important that you know how to put your baby in the seat correctly, as well as how to correctly fit the seat to your car.
- Now, it is time to head home and enjoy your precious cargo! From all of us at Madison Hospital, we look forward to welcoming you to our family!