

# *You're invited!*

Breastfeeding support impacts breastfeeding success. If you're an expectant or new mom dedicated to breastfeeding, join us for our weekly support group meetings.

## **Breastfeeding Support Group**

Wellness Center classroom

Mondays, 10:30 a.m. – 12:30 p.m.

Thursdays, 6:30 – 8:30 p.m.

- Ongoing support from Certified Lactation Consultants
- Answers to questions and solutions to common problems
- Weight checks with infant scales
- Celebrate with other new moms who are also meeting their goals

**2nd Friday of each month, 10:30 – 11:30 a.m.**

Extended breastfeeding group – for moms who choose to breastfeed beyond child's 1st birthday, or for moms who need help weaning

For more information, call (256) 508-9009 or (256) 457-0403.

 **MADISON HOSPITAL**